



GET INVOLVED!

Interested in serving, volunteering, and being engaged with Vida's work and mission? Drop off or mail this form to Vida, or visit www.friendsofvida.org/opportunities to complete this form online.

* Indicates the sign-up opportunity is specific and reserved for churches, church groups, or clergy.

NAME: _____

CHURCH/PARISH (OPTIONAL): _____

PHONE NUMBER: _____

EMAIL: _____

SERVICE

WORK DAYS

OUTDOOR CLEAN UP - Volunteer to help Vida and Trinity House with seasonal outdoor yard work and cleaning.

MEAL MINISTRY

TRINITY HOUSE GROUP MEAL - Prepare and serve a meal, and provide fellowship, for Trinity House residents and staff.

TRINITY HOUSE MEAL TRAIN - Be a part of a meal train for resident (mom) who just gave birth. (3 wks, 3 meals/wk)

SUPPORT SERVICES MEAL TRAIN - Be a part of a meal train for client who just gave birth. (3 wks, 3 meals/wk)

TRINITY HOUSE ENRICHMENT

ARTS/CRAFTS PROJECT - Come up with an idea, provide supplies, and lead a project with Trinity House residents.

TEACH ON A TOPIC/SKILL - Share your expertise! Teach residents (moms) a skill. This could be anything from cooking to music to floral design to finances, etc.

* PLAY DATE

Host a play date for Vida clients, residents, and patients, including serving a meal or snacks, and offering fellowship.

VOLUNTEER

Regular Volunteer at Vida Regular House Helper at Trinity House Volunteer as a Group

YOUTH

WORK DAYS

YOUTH SERVICE - Tour, serve, and fellowship (Youth must be age 14+.)

OUTDOOR CLEAN UP - Volunteer to help Vida and Trinity House with seasonal outdoor yard work and cleaning.

YOUTH/COMMUNITY EDUCATION

Vida offers a variety of free presentations and outreach activities to area schools, youth groups, and other community groups. Presentation topics include healthy relationships, STDs, avoidance of risky behaviors, etc.

LEARN MORE ABOUT VIDA

TOURS

Tour Vida (main campus) and Trinity House, and learn about Vida's life-affirming mission.

SPEAKERS

Have a speaker from Vida come talk to your group or congregation about Vida's work.

DONATIONS

FINANCIAL GIVING

- **DONOR-ADVISED FUNDS** - With your advised funds, you have the power to drive meaningful change and be a catalyst for progress.
- **GIFTS OF APPRECIATED STOCK** - By converting your investments into impactful change, you are actively contributing to the betterment of our community.
- **IRA DISTRIBUTIONS** - Maximize your impact while minimizing your tax burden - a win-win situation that allows you to make a lasting difference.
- **ESTATE GIFTS AND BEQUESTS** - Leave behind a legacy of compassion and care that will continue to touch lives for generations to come.
- **IN-KIND GIFTS (EX: Diapers and other material support)** - Practical contributions, no matter how small, can create significant ripples of positive change.
- **CASH** - Every dollar you contribute counts toward empowering lives and fostering resilience within our community.
- **NEW FAMILY TRADITION** - Forge a legacy of giving by making Vida your family's chosen charity during the holiday season. Teach the value of compassion and community to future generations.
- **RAISE MONEY FOR VIDA** - Your church, school group, or other group can do a second collection, brat fry, donation, etc.

To make a donation to Vida, visit www.friendsofvida.org/donate.

ADOPT-A-FAMILY

- Commit to adopting a Vida family during the Christmas season; collect needed items for them through a drive.

THEMED GIVING

- Create a welcome or graduation basket for Trinity House residents, host a diaper or clothing drive, etc.

SPIRITUALITY

PRAYER ONLY REQUIREMENT TO BE AN OFFICIAL VIDA CHURCH PARTNER.

- Commit to pray for Vida and those we serve; let us know how we can share prayer requests with you.

* PASTORAL REFLECTION

- VIDA** - Pastors visit Vida during a noon hour and lead a reflection or devotional for Vida staff and volunteers.
- TRINITY HOUSE** - Pastors visit Trinity House and lead a reflection or devotional for Trinity House residents and staff.

DEVOTION

- Lead a devotional at Trinity House for residents and staff, one-time or multiple times throughout the year.

WALK TO REMEMBER

- Vida gathers together to walk, remember, and support those who have lost children through miscarriage, stillbirth, early infant/childhood death, abortion, and other reproductive losses.

CELEBRATION

TOGETHER FOR LIFE

- This annual spring fundraising banquet brings together Friends of Vida for an evening of celebration, recognition, and support. You can also join Vida for a time of prayer before Vida's annual banquet.

CHIP IN FOR LIFE - GOLF OUTING AND WINE TASTING

- This annual September fundraiser includes a golf outing event and a wine tasting event. Golfers can enjoy a round of golf and wine connoisseurs can enjoy a sampling of wines and snacks. Both groups can join in silent and live auction items, dinner, raffles, giveaways, and much more fun, all for our life-affirming cause!

Find event information under the "Events" tab on www.friendsofvida.org

The mission of Vida is to provide medical, mentoring, material, and maternity housing support to empower individuals to make life-affirming decisions.