



# GET INVOLVED!

Interested in serving, volunteering, and being engaged with Vida's work and mission in 2024? Drop off or mail this form to Vida, or visit [www.friendsofvida.org/2024engagement](http://www.friendsofvida.org/2024engagement) to complete this form online.

\* Indicates the sign-up opportunity is specific and reserved for churches, church groups, or clergy.

NAME: \_\_\_\_\_

CHURCH/PARISH (OPTIONAL): \_\_\_\_\_

PHONE NUMBER: \_\_\_\_\_

EMAIL: \_\_\_\_\_

## SERVICE

### WORK DAYS

**OUTDOOR CLEAN UP** - Volunteer to help Vida and Trinity House with seasonal outdoor yard work and cleaning.

### MEAL MINISTRY

**TRINITY HOUSE GROUP MEAL** - Prepare and serve a meal, and provide fellowship, for Trinity House residents and staff.

**TRINITY HOUSE MEAL TRAIN** - Be a part of a meal train for resident (mom) who just gave birth. (3 wks, 3 meals/wk)

**SUPPORT SERVICES MEAL TRAIN** - Be a part of a meal train for client who just gave birth. (3 wks, 3 meals/wk)

### TRINITY HOUSE ENRICHMENT

**ARTS/CRAFTS PROJECT** - Come up with an idea, provide supplies, and lead a project with Trinity House residents.

**TEACH ON A TOPIC/SKILL** - Share your expertise! Teach residents (moms) a skill. This could be anything from cooking to music to floral design to finances, etc.

### \* PLAY DATE

Host a play date for Vida clients, residents, and patients, including serving a meal or snacks, and offering fellowship.

### VOLUNTEER

Regular Volunteer at Vida     Regular House Helper at Trinity House     Volunteer as a Group

## YOUTH

### WORK DAYS

**YOUTH SERVICE** - Tour, serve, and fellowship (Youth must be age 14+.)

**OUTDOOR CLEAN UP** - Volunteer to help Vida and Trinity House with seasonal outdoor yard work and cleaning.

### YOUTH/COMMUNITY EDUCATION

Vida offers a variety of free presentations and outreach activities to area schools, youth groups, and other community groups. Presentation topics include healthy relationships, STDs, avoidance of risky behaviors, etc.

## LEARN MORE ABOUT VIDA

### TOURS

Tour Vida (main campus) and Trinity House, and learn about Vida's life-affirming mission.

### SPEAKERS

Have a speaker from Vida come talk to your group or congregation about Vida's work.

# DONATIONS

## FINANCIAL GIVING

- **DONOR-ADVISED FUNDS** - With your advised funds, you have the power to drive meaningful change and be a catalyst for progress.
- **GIFTS OF APPRECIATED STOCK** - By converting your investments into impactful change, you are actively contributing to the betterment of our community.
- **IRA DISTRIBUTIONS** - Maximize your impact while minimizing your tax burden - a win-win situation that allows you to make a lasting difference.
- **ESTATE GIFTS AND BEQUESTS** - Leave behind a legacy of compassion and care that will continue to touch lives for generations to come.
- **IN-KIND GIFTS (EX: Diapers and other material support)** - Practical contributions, no matter how small, can create significant ripples of positive change.
- **CASH** - Every dollar you contribute counts toward empowering lives and fostering resilience within our community.
- **NEW FAMILY TRADITION** - Forge a legacy of giving by making Vida your family's chosen charity during the holiday season. Teach the value of compassion and community to future generations.
- **RAISE MONEY FOR VIDA** - Your church, school group, or other group can do a second collection, brat fry, donation, etc.

**To make a donation to Vida, visit [www.friendsofvida.org/donate](http://www.friendsofvida.org/donate).**

## ADOPT-A-FAMILY

- Commit to adopting a Vida family during the Christmas season; collect needed items for them through a drive.

## THEMED GIVING

- Create a welcome or graduation basket for Trinity House residents, host a diaper or clothing drive, etc.

# SPIRITUALITY

## PRAYER ONLY REQUIREMENT TO BE AN OFFICIAL VIDA CHURCH PARTNER.

- Commit to pray for Vida and those we serve; let us know how we can share prayer requests with you.

## \* PASTORAL REFLECTION

- VIDA** - Pastors visit Vida during a noon hour and lead a reflection or devotional for Vida staff and volunteers.
- TRINITY HOUSE** - Pastors visit Trinity House and lead a reflection or devotional for Trinity House residents and staff.

## DEVOTION

- Lead a devotional at Trinity House for residents and staff, one-time or multiple times throughout the year.

## WALK TO REMEMBER

- Vida gathers together to walk, remember, and support those who have lost children through miscarriage, stillbirth, early infant/childhood death, abortion, and other reproductive losses.

# CELEBRATION

## TOGETHER FOR LIFE

- This annual spring fundraising banquet brings together Friends of Vida for an evening of celebration, recognition, and support. You can also join Vida for a time of prayer before Vida's annual banquet.

## CHIP IN FOR LIFE - GOLF OUTING AND WINE TASTING

- This annual September fundraiser includes a golf outing event and a wine tasting event. Golfers can enjoy a round of golf and wine connoisseurs can enjoy a sampling of wines and snacks. Both groups can join in silent and live auction items, dinner, raffles, giveaways, and much more fun, all for our life-affirming cause!

**Find event information under the "Events" tab on [www.friendsofvida.org](http://www.friendsofvida.org)**

*The mission of Vida is to provide medical, mentoring, material, and maternity housing support to empower individuals to make life-affirming decisions.*